



# Worthwhile Information Needing Distribution

To take care of Soldiers, Family Members, and Civilians and set the conditions for Mission success.

We are the Army's Home

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**EXCHANGE** 

FORT RUCKER COMMUNITY SPOUSES CLUB (FRCSC)

THRIFT SHOP

**U.S. AVIATION MUSEUM** 

**AMERICAN RED CROSS** 

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# **Event Calendar**

DATE	<u>TIME</u>	<u>ACTIVITY</u>	LOCATION
01-30-Apr-19		Alcohol Awareness Month	Army Wide
01-30-Apr-19		Month of the Military Child	DoD Wide
06-Apr-19	1100-1400	Teen Job Fair	Youth Center
09-Apr-19	1000-1300	31st Annual Travel Extravaganza	The Landing
10-Apr-19	1415-1615	ID Card Section Closed for Training	Bldg 5700
11-Apr-19	1000-1300	Spouses Club Monthly Luncheon	Holman House
13-Apr-19	1000-1300	Children's Festival	Festival Fields
17-Apr-19	1300-1600	LAHC Closed for Training	LAHC
19-Apr-19	0900-1130	Newcomers Welcome Brief	The Landing
21-Apr-19		Easter Sunday	World Wide
26-Apr-19	1400-1600	Quarterly Retirement Ceremony	Museum
27-Apr-19	1800-2200	USAACE Army Aviation Birthday Ball	The Landing



# **Event Calendar**

DATE	<u>TIME</u>	<u>ACTIVITY</u>	<b>LOCATION</b>
01-31-May-19		Asian Pacific American Heritage Month	Army Wide
01-May-19	0900-1100	Monthly Mass Notification System Test	Post Wide
02-May-19	0900-1000	WIND Meeting	The Landing
08-May-19	1415-1615	ID Card Section Closed for Training	Bldg 5700
09-May-19	1000-1300	Spouses Club Monthly Luncheon	The Landing
15-May-19	1300-1600	LAHC Closed for Training	LAHC
17-May-19	0900-1130	Newcomers Welcome Brief	The Landing
24-May-19	0830-0930	Memorial Day Ceremony	Veterans Park
27-May-19		Memorial Day Holiday	Nation Wide



# **Lyster Army Health Clinic**

255-7359

**Expired Medication drop-offs.** 

Clinic Closures: Wednesday, April 17 at noon for training.

**JOES Surveys:** If you receive a Joint Outpatient Experience Survey, please fill it out and return, letting LAHC know about your recent experience. Your response helps the clinic know what improvements can be made and what the clinic is doing well.

**Yoga:** Free to everyone. Every Mon, Wed and Thurs, 11:45 a.m. to 12:45 p.m., V-117. **Zumba:** Every Tues and Thurs, 4:30 p.m., V-117.

**Current News and Information:** Visit Lyster's Facebook page @LysterArmyHealthClinic and our website for the latest clinic information, closures, updates and news at <a href="mailto:lyster.amedd.army.mil">lyster.amedd.army.mil</a>



# **Religious Support Office**



### 255-2989/2012

#### **CHILDREN'S MINISTRY DRAMA**

"King of the Jungle" Musical

Sunday, 7 April 2019 1045 Wings Chapel



#### **NATIONAL PRAYER BREAKFAST**

**Guest Speaker:** 

CH (COL) Sonny Moore, USA Retired

Former Command Chaplain
USAACE – Fort Rucker

Thursday, 2 May 2019 0630-0800 The Landing

(Tickets are complimentary)

#### HOLY WEEK WORSHIP SCHEDULE

### Palm Sunday (14 Apr):

- Catholic Mass, 0900, Main Post Chapel
- Youth Egg Hunt, 1215, Wings Chapel

### Maundy Thursday (18 Apr):

Catholic Holy Thursday Mass, 1700, Main Post Chapel
 Living Last Supper, 1900, Headquarters Chapel

### Good Friday (19 Apr):

- Catholic Stations of the Cross, 1500, Main Post Chapel Catholic Liturgy, 1700, Main Post Chapel
  - Protestant Service, 1200, Headquarters Chapel

### Saturday (20 Apr):

- Catholic Easter Vigil, 2000, Main Post Chapel

### Easter Sunday (21 Apr):

- Easter Early Morning Service, 0800, Headquarters Chapel
  - Catholic Easter Mass, 0900, Main Post Chapel
  - Postwide Easter Service, 1045, Wings Chapel



# **Directorate of Public Safety**



255-0405

### □ Avoiding Rape and Sexual Assault:

- Remember 80% of sexual assaults and rapes are perpetrated by someone known to the victim.
- <u>Whenever possible travel day or night in pairs</u>. In a big parking lot at a store, mall, etc. park where there is good lighting, closest to where you want to go. Lock your vehicle at all times when you are not in the vehicle.
- Before getting into your car in a parking lot, or parking garage look around your car, look into your car, look at the passenger side floor, and also look in the back seat.
- Look closely at the cars parked near your car. If a male is sitting alone in the seat near your car you may want to walk back into the business, store, work etc. and get a guard, policeman or a friend to walk you to your car.
- Women have a tendency to get into their cars after shopping, working, etc., and sit behind the wheel (checking their emails, making a list, etc.). The predator is watching you, get in your car, lock the doors and leave.
- If a friend exhibits symptoms of a date rape drug; dizziness, nausea, memory loss, breathing or motion difficulties, and acting disproportionately relative to the amount of alcohol consumed seek medical help immediately.

### **Directorate of Public Works / Corvias**

### 334-440-8988

- Month of the Military Child Celebrate each Friday!
  - April 5, 2-5 PM- DIY Pinwheel Craft
  - April 12, 2-5 PM- Adopt-A-Stuffed Pet
  - April 19, 2-5 PM- Easter Egg Hunt
  - April 26, 3-5 PM- Kids Sip & Paint

- Scholarships for spouse of active duty service members
  - Applications are due by May 9, 2019
  - By July 31, 2019 Scholarship awards announced







### 255-9631

Employment Readiness Workshop 4 & 16 April 19 0845-1130 Bldg 5700 RM 350

Coffee & Friends
5 April 19
0900 – 1100
Bowden Terrace Community Center

Federal Job Workshop 18 April 19 0800 – 1215 Bldg 5700 RM 284

Newcomers' Welcome \*\*
19 April 19
0900 – 1130
The Landing

Annual Volunteer Recognition Reception 24 April 19 1100 – 1300 The Landing

> EFMP Support Group 25 April 19 1800 – 1900 The Commons (Bldg 8950)

Teal Tuesday
In Support of Sexual Assault Awareness
Prevention

Mom & Me: Dad Too! Every Monday 0930 – 1100 The Commons

> Tot Time! Every Wednesday 0930 – 1100 The Commons

Gold Star Spouses Recognition Day 5 April 19

Wear Blue on Fridays
In Support of Child Abuse Prevention Month

Wear DENIM DAY
24 April 19
Sexual Assault Awareness Prevention Month

Some ACS training are transitioning to "on-demand" style programming. Tell us what class(es) you want and when. Please provide 2-4-week notice and have 8 people preregistered to attend. Phone 334-255-3161/9888 for more

information.

Paint SGT Ted E. Bear 1 April 19 1630 – 1730

Child Abuse Prevention Month
Proclamation Signing
2 April 19
1000 - 1100
Soldier Service Center Atrium

Family Game Night 5 April 19 1700 – 1900 Teen Center

Stroller Parade 13 April 19 0900 – 1030 Andrews Avenue Fitness Center (Track)

> Children's Festival 13 April 19 1000 – 1300 Festival Fields

Infant Massage 9, 16, 23, & 30 April 19 1130 – 1230 The Commons (Bldg 8950)

The Greatest Gift: Taking Care of Yourself 18 April 19 1000 - 1100 The Center Library

# Child & Youth Services

- February 1 May 17, Soccer Camp Registration, Camp is May 28 31. Early Bird special through April 27 (free soccer jersey, camp shirt, and a soccer ball).
- Volunteer coaches are needed. If interested please call 255-2254/0950.
- April 6, SAC Open Recreation, 12:00 4:30 pm, call 255-9108 for more information.
- April 12, Bunny Hop SAC Skate Night, 5-6 Safety Skate (\$2), 6-8 Regular Skate (\$5) Cash only.
- April 26 Youth Center Lock In, 8:00 pm 7:00 am.
- April 27 and May 17, Parent Date Night, 1800-2200 at CDC, SAC, and YC, \$25.



### **School Liaison Officer**



### 255-9812

- •Enterprise High School, Registration for Summer School credit recovery begins April 16. Cost is \$25.00.
- •Enterprise High School, April 24<sup>th</sup> 11<sup>th</sup> graders will be taking the ACT. 9<sup>th</sup>,10<sup>th</sup> and 12<sup>th</sup> graders will have an excused absence if they participate in an educational trip or experience.
- •Enterprise City Schools will be hosting it's Month of the Military Child spring carnival on 18 April, 1530-1830 hrs, on the EHS soccer/band practice field.

# Family & MWR

255-2292

# Month of the Military Child







**Session Bingo Hours** The Landing

Sunday: Early Bird 2:30 pm / Reg Session 3:30 pm

**Tuesday, Thursday, Friday:** 

Early Bird 5:30 pm / Reg Session 6:30 pm

NAF Property Sale (old commissary bldg.)

4 April from 2 pm - 6 pm: Military Only

5 April from 2 pm - 6 pm: Open to the Public 6 April from 7 am - 1 pm: Open to the Public

Teen Job Fair at the Youth Center 6 April, 11 am - 2 pm

### **Divots**

Divots now has extended hours on Fridays 10am-8pm





# **Around the Exchange**



**06 April: Spring Fling Fashion Show** – In honor of the "Month of the Military Child" the Exchange is hosting a fashion show to model the latest in Spring fashion. (11:00 to 13:00)

**19 April: Outdoor Living Grand Opening** – Get all your landscape and gardening needs for Spring and Summer. (11:00 to 14:00)

19 April: Clear the Vault Firearms Specials – Save on select firearms.





# FORT RUCKER COMMISSARY



255-6671 EXT. 3300







# SATURDAY

# Fort Rucker Thrift Shop

Consign~Donate~Shop~Volunteer

Shopping

So Shop With Us! SATURDAY May 4, 2019 10am-2pm

Open To The Public





### MUSEUM

- Most Recent Restoration: Piper L-4 Grasshopper (\$9,000)
- > Built 1940
- L category for liaison aircraft.
- Used for scouting, mail delivery, moving personnel behind the lines.
- Origins of modern day Army Aviation
- USAACE Aviation Ball, 27 April in the Museum. Sikorsky ABC will be out front.
- Foundation & Gift shop will be at AAAA 14-16 April. Look for us at the AAAA Community Booth.

### **FOUNDATION & GIFT SHOP**

- Gift Shop is hiring part time help. Bring your resume by!!!
- Aviation Shoulder Straps- holds your helmet bag and book bag, keeping your hands free.
- Wood signs with helicopters- Super Cool!
- New supply of Warrant Officer belt buckles. We sell the belts too ©

# **Army Aviation Museum**

### **Tornado & Flooding Response-How to Prepare?**

# Be Red Cross Ready – Redcross.org/get-help Interested in Volunteering?

Application at: Volunteerconnection.redcross.org and "Get Started" to see local opportunities!

## **SAF Emergency Communication**

To initiate an Emergency Message call 1.877.272.7337

Death, illness, Birth, Info and Referral – emergency MUST be for immediate family to initiate message and notifications

### **Blood Donations**

Find local blood drives advertised on Post or at: www.redcross.org/give-blood

